



Thought provoking and inspiring David Tacey, Carl Jung and Spirituality



Dr. David Tacey presented with great insight and humour

Coming Events

- June 1** *Denese Wyatt discusses her novel*
- June 15** *Don Loffler discusses his book.*
- June 16** Positive Parenting: *Managing anger in children.*
- June 22** PCNet discussion series "Saving Jesus" resumes
- July 4** *Val Webb at the Sofia Centre*
- July 18** *Christmas in July Dinner*
- July 29** Positive Parenting: *Talk so your teenagers will listen and listen so your teenagers will talk.*
- Aug 12** Positive Parenting: *Raising better boys.*
- Aug 21** PCNet Friday Forum
- Aug 24** *Jude Aquilina at Poets Corner*
- Aug 26** Positive Parenting: *Girls Bullying Behaviour.*
- Sept 9** Positive Parenting: *Negotiating Boundaries.*
- Details of events elsewhere in newsletter*

The recent return of Dr. David Tacey to ELC at the beginning of May was a great success. As always, David's presentation was thought provoking and inspiring. This time, working cooperatively with the C.G. Jung Society of SA, was even more rewarding. It was a significant occasion when members of each group realized how much we have in common so far as aspirations and values were concerned.

David spoke out of his considerable knowledge of Jungian psychology, particularly in relation to spiritual growth. He discussed how people must encounter the deeper dimensions of the mind for healing to occur. He argued for a Christianity that embraces a theology of the self.

Many of those attending the lectures said how inspiring they were and how looking at the world from a slightly different viewpoint opened up new possibilities. The Effective Living Centre hopes that we will have more cooperative ventures with the Jung Society in the future.

DVD's and CD's are available from the ELC office for those who were unable to attend or who wish to revisit the lectures.

Christmas in July

Succulent turkey with all the trimmings, baked ham, steaming Christmas pudding with brandy sauce – these are just some of the happy memories of Christmas. You can enjoy a traditional hot Christmas dinner in the depths of winter this July. Come along to this fund raising evening and celebrate with friends. There'll be a delicious, three course meal and musical entertainment. *Women with Latitude*, a folk and harmony song group who donate funds from their "gigs" to support a Nepalese village, will entertain us with their vibrant singing.

Make a group with your friends and enjoy "Christmas in July" on Saturday 18 July at 6.30pm, here at the ELC Centre. All of this for only \$30, including wines and coffee. Booking essential.



Books and Issues

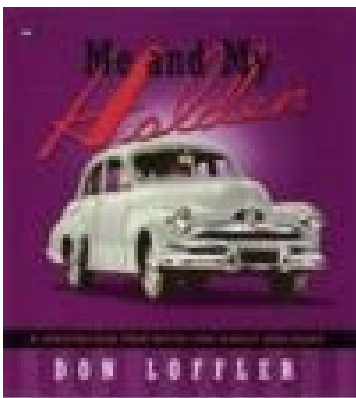


The Social Issues Task Group is again bringing authors to talk about their work in an informal way. The topics will appeal to anyone interested in issues in our society today. Authors will talk about their books and what inspired them to write. Following a break for supper with wine and nibbles, there will be discussion. Our authors

for June will talk on different but relevant subjects.

On Monday June 1 at 7.30, **Denese Wyatt** discusses her novel *The Last Rose*. The novel is based on Denese's family experiences. The tale begins in England during World War Two and then moves to Australia. It follows an English war bride, challenged to adjust to a culture that is different and sometimes alienating. She encounters isolation, poverty and depression as she struggles to come to terms with the Australian culture. She raises questions about how it is for refugees today. Do they too have problems adjusting which are similar to those of the English bride after the Second World War? What can we do to help new settlers?

On Monday June 15 at 7.30, **Don Loffler** gives an illustrated talk linking history with present day concerns. He has written four books on the Holden car, the latest titled *Me and My Holden*. Not only will he talk about this book, he will bring to



the foreground the social issues implicit in his Holden histories. When the original Holden car was introduced in 1948, it had great social impact. The business ramifications for Holden in the current economic crisis are also having great social impact. Looking at the history of the car and how society has changed in the last sixty years opens up many interesting questions about social issues.

Please come and be part of these discussions and bring your friends. A brochure with details of these Autumn Books and Writing events is available from the ELC office.

Bookings are essential. Don's books will be available for purchase.

Positive Parenting in 2009

Our programs to encourage parents with child-raising run throughout the year and continue to be well-received. The following courses will be held during the next three months.

- ♦ Tues June 16: **Managing anger in children;** *Clare Bonyer (Centacare)*. Discover how you can help children recognise, understand and express their anger in constructive ways.
- ♦ Wed July 29: **How to talk so your teenagers will listen and listen so they will talk;** *Clare Bonyer (Centacare)*. New ways to communicate effectively with offspring and avoid misunderstanding.
- ♦ Wed Aug 12: **Raising better boys;** *Kevin Tutt*. Promoting an environment which is helpful to good relationships between boys.
- ♦ Wed Aug 26: **Girls Bullying Behaviour;** *Barbara Spears*. Girls' interaction styles and how to deal with bullying and harassment.
- ♦ Wed Sept 9: **Negotiating Boundaries.** Developing independence and maintaining necessary boundaries through clear communication.

All courses run from 7.30 to 9.30pm and cost \$12.00 (\$10.00 concession) at ELC. Bookings are essential.

Food and Kids

It was another first for Positive Parenting: a fascinating talk on the effect adult behaviour can have on children's behaviour and development in relation to food. Peter Hill, nutritionist and psychotherapist, explained that adults often have an unrealistic approach to children's eating practices. The way that food is presented, the types of food presented and adult reaction to children's eating habits can all influence a child's attitude to food. He advocated that parents should remain calm about likes and dislikes, promote an enjoyable atmosphere at meal times and recognise that it's ok not to like some foods.

Parents went from the meeting with new insight and ideas to make mealtimes more enjoyable.

Remember to support

**Christmas in July
Dinner
18 July 2009**



On Saturday July 4 at 9.30am **Dr Val Webb** will be speaking on her book, *Like Catching Water in a Net* at the Sophia Spirituality Centre (225 Cross Road, Cumberland Park). In this half day workshop Val will explore her own story around the life events, struggles, discoveries and inspirations involved in her work as a theologian, teacher, artist and writer. Cost is \$30 (\$15 concession).

The next series of DVD discussions on the theme 'Saving Jesus from the Religious Right' resumes on Monday 22 June through to Monday 13 July. It is not necessary to have attended the previous sessions in order to benefit from these evenings as each session is a self contained topic.

Friday Forum on August 21 features the Rev Philip Carter, Director of the Julian Centre. Philip, an Anglican priest with a wonderfully imaginative and lucid mind is an engaging speaker.

2009 Artist in Residence

It's nearly six months away but you may want to start planning now. From 8 to 15 November we will again proudly host an artist-in-residence.

Trish Watts is a singer, song writer and educator with over 20 years experience as a performer, animator and recording artist in Australia and overseas. For fifteen years Trish was Co-Director, editor and producer for Willow Connection music publishers. She has published over seven collections of original music. She is now the Director of Willow Creative, a new initiative offering retreats, workshops and classes on voice, creativity, spirituality and body wisdom.

Her particularity is spiritual music with an emphasis on issues of justice and peace. Trish will not simply perform her large catalogue of work but encourage participation through the art and creation of song. She will lead a series of workshops for those who like to sing and those who would like to gain the confidence to sing.

Look for more details in the next newsletter.

'The Catacomb'

Coffee Lounge and Live 60's Folk Music,

Saturday August 22nd, 8 till late @

Christ Church/ELC, featuring:

Sean Gilbert, Ian Mundy, Andrew Dutney, Meg Butler, Andy Voigt, Craig Mitchell, John Steele

Cost: \$20 or \$15 con. Byo drinks & nibbles.

Good coffee/tea, chocolates supplied. Cinnoto's available!

Book on 8271 0321

Please advise us of any change of address or email!

THE EFFECTIVE LIVING CENTRE OFFICE

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